

## Success Story – Nancy & Olivia – Mom & Daughter Workout Team!!

We joined the Genoa Fitness Center in August 2015 without realizing truly what a Great Experience this decision would be for us!

We talk in the car on the way to and from the Fitness Center, we have fun while we Get Fit Together and Laugh Together 3 or 4 times a week . . . What Great Mom/Daughter Bonding Time for us! We even tried a Spin Cycling Class and decided to join Danielle spinning on Tuesday nights! It is so much FUN & We LOVE it!!