



# *2018 Winter Program Guide*

JANUARY, FEBRUARY, MARCH, AND APRIL

1403 SYCAMORE ROAD | DEKALB, IL 60115 | PH: 779-777-7285 | [WWW.KISHSRA.ORG](http://WWW.KISHSRA.ORG)

OFFICE HOURS ARE MONDAY – FRIDAY, 9AM - 5PM

**MISSION:** *Kishwaukee SRA's mission is to serve all residents who have special needs and to facilitate the inclusion of these individuals into leisure programs.*

**GOALS:** *Kishwaukee Special Recreation Association serves as an extension of its member park district agencies of DeKalb, Sycamore, and Genoa.*

**STAFF:** *Kishwaukee Special Recreation Association is committed to providing new and challenging leisure and recreation activities for all of our participants.*



1403 SYCAMORE ROAD  
DEKALB, IL 60115

PH: 779-777-7285

FAX: 815-758-4081

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# Winter Program Guide

January, February, March, and April

## RT and Kishwaukee SRA

KSRA programs are planned according to the principles of recreational therapy (RT). RT uses strategies to address the social, emotional, cognitive, physical, and leisure needs of those impacted by illness, injury, or disability. Participation in therapeutic recreation programs, like those we offer at KSRA, can prevent decline of, and even achieve improvement in these areas for greater independence and well-being.

For more information on how to select the most appropriate programs and the KSRA assessment process, please contact the KSRA office to discuss these subjects with the program supervisor.

## KSRA Board Meetings

The KSRA Board of Directors meets on the second Tuesday at 1:30 PM at the different park district member agencies facilities. Community members are invited to attend. Please check the board meeting dates, locations, and times on the KSRA website, or call the KSRA office at 779-777-7285.

## KSRA Board of Directors

DeKalb Park District – **Amy Doll, Executive Director**

Flagg-Rochelle Park District – **Roger Bunger, Interim Executive Director**

Genoa Township Park District – **Paul Bafia, Executive Director**

Sandwich Park District – **Sue Swithin, Executive Director**

Sycamore Park District – **Daniel Gible, Executive Director**

**We Love Parents, but...**With your child's best interest in mind, parents are asked not to attend their child's class unless invited by the program leader. We have found that the quality of the program has been affected by parent and/or sibling distractions, interruptions, and various other concerns during program time. It is of equal importance that children have quality leisure time with their peers. Our program staff welcome the opportunity to discuss concerns with parents before or after the program, time permitting. Thank you again for your cooperation.

[www.kishsra.org](http://www.kishsra.org)

FIND US ON:



## TABLE OF CONTENTS

ALL AGES.....	7
YOUTH (4-12).....	12
TEENS (13-17) .....	13
ADULTS (18+).....	16
ALL PROGRAMS .....	19
PROGRAMS IN DEKALB AREA .....	19
PROGRAMS IN ROCHELLE AREA .....	20
PROGRAMS IN SANDWICH AREA.....	21
CALENDARS.....	23
GENERAL INFORMATION .....	27
PARTICIPATION GENERAL FORM .....	30
REGISTRATION RELEASE FORM.....	33

\* Please note that all program activities/ events are subject to change due to unforeseeable circumstances. If changes occur, participants and families will be notified.



**Julie Eggleston, CTRS, MS**

KSRA EXECUTIVE DIRECTOR

[jeggleston@kishsra.org](mailto:jeggleston@kishsra.org)

779.777.7284

Certified in CPR, First Aid  
Handle with Care Instructor



**Stacy Veldhuizen, CTRS**

THERAPEUTIC RECREATION  
PROGRAM COORDINATOR

[sveldhuizen@kishsra.org](mailto:sveldhuizen@kishsra.org)

779.777.7286

Certified in CPR, First Aid,  
Certified Paraprofessional  
Handle with Care Instructor

3.9.18

**SAVE**  
THE  
**DATE**

6-10PM

*Second Annual*  
**SPRING FORWARD  
TO ACCESSIBILITY**  
**FUNDRAISER FOR KSRA**

Hopkins Park Terrace Room, 1403 Sycamore Road, DeKalb

To raise money for an accessible vehicle and for the KSRA scholarship fund! Show your support of Kishwaukee SRA!







# CAMP MAPLE LEAF 2018

*There's No Place I'd Rather Be!*

| 1982-2018 |

Camp Maple Leaf is an integrated summer camp offered through Kishwaukee Special Recreation Association that has served the DeKalb County and area communities for 35 years! Camp Maple Leaf provides children of ALL abilities ages 4 and older a fun and rewarding summer experience. Campers participate in age-specific, and age-appropriate group activities and join in whole-camp FUN. A two-week Mini Session is also offered for those campers who attend summer school.

SWIMMING DAILY

STEAM ACTIVITIES

BOWLING WEEKLY

ARTS AND CRAFTS

SPORTS ACTIVITIES

SOCIAL & PEER ACTIVITIES

CML'S GOT TALENT SHOW

**WHO:** Ages 4 - Adults

**WHEN:** Open House: Friday, June 8th, 2018 - 6:00 – 7:00 PM  
Full Session: June 11 – July 26, 2017 (no camp July 4)  
Mini Session: Any two consecutive weeks during the 7-week session

**WHERE:** Hopkins Park Shelter, DeKalb Park District, 1403 Sycamore Road, DeKalb, IL.

**TIME:** 8:30 AM – 1:00 PM – Monday through Thursday

**COST:** **Early Bird Registration (March 1st to April 30th)**  
Full Session - \$600 Resident/ \$1200 Non-Resident (7 wks)  
Mini Session - \$250 Resident/ \$500 Non-Resident (2 wks)

**Regular Registration (May 1st to May 18th)**  
Full Session - \$650 Resident/ \$1300 Non-Resident (7 wks)  
Mini Session - \$250 Resident/ \$500 Non-Resident (2 wks)

- Partial Fee Grants available for Resident campers who qualify.
- A maximum of 70 campers will be allowed to register!

- Final payments are due by July 1, 2018.
- Payment schedule options are available.

NO REGISTRATION WILL BE ACCEPTED AFTER 5 PM ON MAY 18TH

To better prepare for CML 2018, we are moving our registration deadline to May 18th. This will allow us extra time to make sure we have a safe, well-run, and appropriately staffed camp! Register early to save money and reserve your spot!

Register online or at the Kishwaukee Special Recreation Association office,  
(Hopkins Park Administration Building), 1403 Sycamore Road, DeKalb, Illinois

Questions? Please contact Stacy Veldhuizen: 779-777-7286 or [sveldhuizen@kishsra.org](mailto:sveldhuizen@kishsra.org)

**BEFORE CAMP EARLY BIRDS**

<b>DESCRIPTION:</b>	Running in conjunction with Camp Maple Leaf, the Before Camp Early Birds will allow participants their choice of free play before Camp Maple Leaf begins. Staff will provide games, movies, and coloring. Participants are welcome to bring their own breakfast.
<b>FEE:</b>	<ul style="list-style-type: none"> <li>▶ During full 7 weeks of Camp - Resident \$200 / Non-Resident \$260 - Program Code: 2018BC-EB</li> <li>▶ During 2-week Mini Camp - Resident \$65 / Non-Resident \$85 - Program Code: 2018BC-EBM</li> </ul>
<b>TIME:</b>	7:00 AM – 8:30 AM
<b>LOCATION:</b>	Hopkins Park Shelter, DeKalb Park District, 1403 Sycamore Road, DeKalb, IL.
<b>AGE:</b>	All Ages
<b>REGISTER BY:</b>	May 18, 2018
<b>MIN/MAX:</b>	Min 3/Max 10

**AFTER CAMP EXTENDED DAYS**

<b>DESCRIPTION:</b>	Running in conjunction with Camp Maple Leaf, the After Camp Extended Days are designed to provide safe, quality programming for participants in need of all-day programs. Staff will pick up the participants from Camp Maple Leaf and take them to the program. The day's tentative agenda will be: 1:00 – 2:30 Planned Activity based on participant's interests; 2:45 – 3:15 Snacks (provided by participant); 3:30 – 4:45 Swimming; 5:00 – Pick up at pool entrance.
<b>GOALS:</b>	This program is designed to assist with gross motor skills, social skills, use of community resources, and social/peer interactions.
<b>FEE:</b>	Discount rate applies if you would like to sign up for all 7 weeks of programming for every Monday-Thursday session. Resident Fee \$486 / Non-Resident \$675.
<b>TIME:</b>	1:00 PM - 5:00 PM
<b>LOCATION:</b>	Hopkins Park Shelter, DeKalb Park District, 1403 Sycamore Road, DeKalb, IL.
<b>AGE:</b>	All Ages
<b>REGISTER BY:</b>	May 18, 2018
<b>MIN/MAX:</b>	Min 3/Max 9 – Staff ratio of 1:3 – <b>No 1:1 staff available</b>

Dates:	Code:	Res Fee:	Non Res Fee:
<b>Mondays: June 11 – July 23</b>	2018AC-M 2018AC-MM	Regular Camp: \$161 Mini Camp: \$46	Regular Camp: \$210 Mini Camp: \$60
<b>Tuesdays: June 12 – July 24</b>	2018AC-T 2018AC-TM	Regular Camp: \$161 Mini Camp: \$46	Regular Camp: \$210 Mini Camp: \$60
<b>Wednesdays: June 13 – July 25</b>	2018AC-W 2018AC-WM	Regular Camp: \$138 Mini Camp: \$46	Regular Camp: \$180 Mini Camp: \$60
<b>Thursdays: June 14 – July 26</b>	2018AC-R 2018AC-RM	Regular Camp: \$161 Mini Camp: \$46	Regular Camp: \$210 Mini Camp: \$60

**FIELD TRIP FRIDAY'S WILL BE BACK! LOOK FOR THE SUMMER PROGRAM GUIDE IN APRIL 2018!**



# PROGRAMS

FOR ALL AGES (AGES 4+)

## BOWLING ■

### ✧ 3 LOCATIONS ✧

**DESCRIPTION:** Join friends to improve your bowling score and have fun!

**GOALS:** This program is designed to assist with social skills, use of community resources, leisure education, an increase in recreation skills, and social/peer interactions.

**AGE:** All Ages

**FEE:** Residents: \$55 / Non-Residents: \$72

**MIN/MAX:** Min 5/Max 12

### IDLE HOUR LANES

927 E. Railroad St.  
Sandwich, IL.  
Mondays: 4:00 - 5:30 PM

#### Session 1:

January 22 - March 5, 2018  
(no bowling on 2/19/18)  
Program Code: IHL-WS1  
Register By: 1/12/18

#### Session 2:

March 12 - April 23, 2018  
(no bowling on 4/2/18)  
Program Code: IHL-WS2  
Register By: 3/2/18



### T-BYRD LANES

1172 Lincoln Hwy.  
Rochelle, IL  
Wednesdays: 6:00 - 7:30 PM

#### Session 1:

January 24 - February 28, 2018  
Program Code: TBL-WS1  
Register By: 1/12/18

#### Session 2:

March 7 - April 18, 2018  
(no bowling on 3/28/18)  
Program Code: TBL-WS2  
Register By: 2/23/18

### MARDI GRAS LANES

1730 Sycamore Road  
DeKalb, IL  
Thursdays: 6:00 - 7:30 PM

#### Session 1:

January 25 - March 1, 2018  
Program Code: MGL-WS1  
Register By: 1/12/18

#### Session 2:

March 8 - April 19, 2018  
(no bowling on 3/29/18)  
Program Code: MGL-WS2  
Register By: 2/23/18



## FUNDAMENTALS OF ART ■

DESCRIPTION:	Learn the fundamentals of art and create a masterpiece to display! During Session 1, participants will learn the basics of sketch and drawing, practicing skills that will lead to creating a still life drawing. Session 2 will incorporate the fundamentals of painting and working on a masterpiece. All participants will be invited to exhibit their art in a KSRA art show on April 20, 2018.
GOALS:	This program is designed to assist with social skills, use of community resources, leisure education, an increase in recreation skills, peer interactions, fine and gross motor skills, creative expression, and new and transferable art skills.
DATE:	Session 1: <b>Mondays, January 22 – March 5, 2018</b> (no art on 2/19/18) Program Code: ART-WS1 Register By: 01/12/18  Session 2: <b>Mondays, March 12 – April 23, 2018</b> (no art on 4/2/18) Program Code: ART-WS2 Register By: 03/02/18
TIME:	6:00 – 7:30 PM
LOCATION:	Sandwich Park District, 1001 N. Latham Street, Sandwich, IL.
AGE:	All Ages
FEE:	Residents: \$40 / Non-Residents: \$52
MIN/MAX:	Min 4/Max 8



## KSRA ART SHOW ■ PROGRAM CODE: 2018-WAS

DESCRIPTION:	Participants of a variety of KSRA programs will be bringing their masterpieces together for an Art Show! Come out and see the talent of our participants! Light snacks will be served.
GOALS:	This program is designed to promote the KSRA programs and highlight the talents of participants.
DATES:	<b>Friday, April 20, 2018</b>
TIME:	6:00 PM - 7:30 PM
LOCATION:	Sandwich Park District, 1001 N. Latham Street, Sandwich, IL.
AGE:	All Ages
FEE:	Free for all – registration is required. All participants must be accompanied by a parent/guardian or caretaker.
REGISTER BY:	April 13, 2018
MIN/MAX:	Min 10/Max 50





## FRIENDSHIP FRIDAYS ■

- DESCRIPTION:** Parents, plan your getaway, your kids will be making friends! We offer a fun, safe environment for your child to explore, learn, and play with others. Siblings are welcome!
- GOALS:** This program is designed to assist with social skills, use of community resources, leisure education, an increase in recreation skills, and social/peer interactions.
- TIME:** 6:00 PM - 9:00 PM
- LOCATION:** Flagg-Rochelle Park District, Teen Town, 101 8th Avenue, Rochelle, IL.
- AGE:** All Ages
- FEE:** Residents \$12/Non-Residents \$16
- MIN/MAX:** Min 4/Max 12

Date:	Program Code:	Register By:
<b>February 2, 2018</b>	FF-02/02	01/26/18
<b>March 2, 2018</b>	FF-03/02	02/23/18
<b>April 6, 2018</b>	FF-04/06	03/30/18



## SENSORY STATION ■

**PROGRAM CODE: 2018-WSS**

- DESCRIPTION:** Use all your senses in a weekly group that will engage all areas of our senses in fun activities including arts & crafts, music & movement, tastes and smells! **All abilities welcome!**
- GOALS:** This program is designed to assist with gross motor skills, social skills, leisure education, social/peer interactions, and fine motor skills.
- DATES:** **Wednesdays, February 7 – March 14, 2018**
- TIME:** 5:00 PM – 6:00 PM
- LOCATION:** DeKalb Park District-Sports & Recreation Center, 1765 4th St. DeKalb, IL.
- AGE:** All Ages
- FEE:** Residents: \$30 / Non-Residents: \$40
- REGISTER BY:** January 26, 2018
- MIN/MAX:** Min 4/Max 8



## FIELD TRIP SATURDAYS ■

<b>DESCRIPTION:</b>	Fun Community Field Trips! You will meet staff at Hopkins Park Administration Building, 1403 Sycamore Road, DeKalb, for departure and for pick up. Participants will bring their own lunch, snack, and refillable water bottle unless otherwise noted.
<b>GOALS:</b>	This program is designed to assist with social skills, use of community resources, leisure education, an increase in recreation & life skills, social/peer interactions, and gross motor skills.
<b>AGE:</b>	All Ages (no 1:1 staffing is available)
<b>FEE:</b>	\$35 Residents / \$45 Non-Residents
<b>MIN/MAX:</b>	Min 3/Max 5

Date:	Program Code:	Location:	Start Time:	End Time:	Register by:
<b>January 13, 2018</b>	FTS-01/13	Brookfield Zoo 8400 W 31st St, Brookfield, IL.	9:00 AM	4:00 PM	1/5/18
<b>February 10, 2018</b>	FTS-02/10	Swimming at Vaugh Aquatic Center 2121 W. Indian Trail, Aurora, IL. *no lunch, please eat prior to arrival	11:00 AM	3:00 PM	2/3/18
<b>March 3, 2018</b>	FTS-03/03	Metra Ride & Lunch at 2Toots, 450 N Main St, Glen Ellyn, IL. *lunch provided	9:30 AM	3:00 PM	2/23/18
<b>April 14, 2018</b>	FTS-04/14	Hiking at Starved Rock, 2668 East 873 Road, Oglesby, IL.	9:00 AM	4:00 PM	4/6/18

## INSTRUMENT PETTING ZOO ■

### PROGRAM CODE: 2018-WIPZ

<b>DESCRIPTION:</b>	Have you ever wanted to play a saxophone or guitar? Well, now here's your chance! Come visit the instrument petting zoo. You will have the opportunity to play and touch a variety of instruments.
<b>GOALS:</b>	This program is designed to assist with gross motor skills, social skills, use of community resources, leisure education, social/peer interactions, and an increase in recreation skill.
<b>LOCATION:</b>	Hopkins Park Administration Building - Basement, 1403 Sycamore Road, DeKalb, IL.
<b>DATE:</b>	<b>Wednesday, January 24, 2018</b>
<b>TIME:</b>	6:00 PM – 7:30 PM
<b>AGE:</b>	All Ages
<b>FEE:</b>	Residents: \$7 / Non-Residents: \$10
<b>REGITSER BY:</b>	January 12, 2018
<b>MIN/MAX:</b>	Min 4/Max 12





## EXPLORE THERAPEUTIC HORSEBACK RIDING ■

- DESCRIPTION:** Have you ever wanted to try riding a horse? Now you can! KSRA is partnering up with **HorsePower Therapeutic Riding** in Maple Park, IL. So, come out to the barn and learn the basic skills of horseback riding and horse care for a four week lesson. This is a therapeutic horseback riding program to help you discover the enjoyment of working with horses while improving on your personal skills. Additional forms/waivers may be required.
- GOALS:** This program is designed to assist with communication, overcoming challenges, learning new skills, connection, teamwork, and increase physical, emotional, cognitive, sensory and social growth.
- TIME:** 9:00 AM – 12:00 PM
- LOCATION:** Participants will depart from the South parking lot of Hopkins Park Administration Building, 1403 Sycamore Road, DeKalb at 9:00 AM and will return for pick up at 12:00 PM. The program will be held at **HorsePower Therapeutic Riding**, Fox Chase Farm 46W27276 Rt. 38, Maple Park, IL 60151.
- AGE:** All Ages
- CRITERIA:**
- Participants must weigh under 220 pounds to ride a horse.
  - Participants over 220 pound will be able to participate in all ground activities but cannot ride a horse.
  - Participants will need to complete an assessment from KSRA staff upon registration to determine eligibility.
- FEE:** \$215 Residents / \$280 Non-Residents
- MIN/MAX:** Min 2/Max 4

Dates:	Program Code:	Register by:
<b>January 22, 29, February 5 &amp; 12, 2018</b>	THR-WS1	1/12/18
<b>February 26, March 5, 12 &amp; 19, 2018</b>	THR-WS2	2/16/18
<b>April 9, 16, 23 &amp; 30, 2018</b>	THR-FS3	3/30/18



## VALENTINE DANCE! ■

**PROGRAM CODE: 2018-VD**

- DESCRIPTION:** Show us your moves! Bring your family and friends to have fun dancing the night away!
- GOALS:** This program is designed to assist with gross motor skills, social skills, use of community resources, leisure education, encouraging social/peer interactions, increasing recreational skills.
- DATE:** Friday, February 16, 2018
- TIMES:** 6:00 PM – 8:00 PM
- LOCATION:** Sandwich Park District, 1001 N. Latham Street, Sandwich, IL.
- AGE:** All Ages
- FEE:** Residents: \$8 / Non-Residents: \$11 / Resident Family \$20 / Non-Resident Family \$26  
\*Family fees apply only when parent/guardian is present
- REGISTER BY:** February 9, 2018
- MIN/MAX:** Min 10/Max 40

## FRIDAY FUN NIGHT OUT ■

<b>DESCRIPTION:</b>	Parents, plan your getaway! We offer a fun, safe environment for your child to explore, learn, and play with others. Siblings are welcome!
<b>GOALS:</b>	This program is designed to assist with social skills, use of community resources, leisure education, an increase in recreation skills, and social/peer interactions.
<b>TIME:</b>	6:00 PM – 9:00 PM
<b>AGE:</b>	Youth
<b>FEE:</b>	Residents \$12/ Non-Residents \$16
<b>MIN/MAX:</b>	Min 4/Max 8

### DEKALB PARK DISTRICT

Hopkins Park - Basement  
1403 Sycamore Road  
DeKalb, IL

#### Sessions:

January 12, 2018  
Program Code: FFNO-01/12  
Register by: 01/05/18

February 16, 2018  
Program Code: FFNO-03/23  
Register by: 02/09/18

March 23, 2018  
Program Code: FFNO-03/23  
Register by: 03/16/18

April 13, 2018  
Program Code: FFNO-04/13  
Register by: 04/06/18

### SANDWICH PARK DISTRICT

1001 N. Latham Street  
Sandwich, IL

#### Sessions:

February 2, 2018  
Program Code: FFNO-02/02  
Register by: 01/26/18

March 2, 2018  
Program Code: FFNO-03/02  
Register by: 02/23/18





## HYVEE COOKING CLASS! ■■

### DESCRIPTION:

Learn to prepare delicious tasting food with a Registered Dietitian at Hy-Vee in Sycamore in their Club Room, a completely accessible teaching kitchen. Participants will learn how to prepare meals as well as sample their tasty creations, and recipes will be sent home.

### GOALS:

This program is designed to assist with social skills, use of community resources, leisure education, an increase in recreation & life skills, and social/peer interactions.

### LOCATION:

Hy-Vee Clubroom, 2700 DeKalb Avenue, Sycamore, IL.

### TIME:

6:00 PM – 7:30 PM

### AGE:

Teens/Adults

### FEE:

Residents \$12/ Non-Residents \$16

### MIN/MAX:

Min 4/Max 8 - Space is limited for this popular program – Register Early!

Date:	Program Code:	Register by:
<b>January 23, 2018</b>	HCC-01/23	1/12/18
<b>February 27, 2018</b>	HCC-02/27	2/16/18
<b>March 13, 2018</b>	HCC-03/13	3/2/18
<b>April 24, 2018</b>	HCC-04/24	4/13/18



## KISHWAUKEE CADENZAS ■■

### PROGRAM CODE: 2018-WKC

### DESCRIPTION:

Singers and dancers unite! Kishwaukee Cadenzas are here to shine onstage, singing pop, rock, and musical theater classics. No experience necessary, just a love for music and dance!

**Program Leader: Abby Mungai**

### GOALS:

This program is designed to assist with social skills, use of community resources, leisure education, an increase in recreation skills, social/peer interactions, gross motor skills, verbal skills, and new and transferrable music skills.

### DATE:

**Saturdays, January 20th – April, 28th 2017**

**\*No group on February 10th, March 3rd, March 10th, March 31st and April 14th**

**\*Special Performance for friends & family on April 28th, 2018: 10:30-11:30 AM (no additional charge)**

### TIME:

9:30 AM - 11:00 AM

### LOCATION:

DeKalb Park District, Hopkins Park Administrative Building - Basement, 1403 Sycamore Road, DeKalb, IL.

### AGE:

Teens / Adults

### FEE:

Resident: \$40 / Non-Resident \$52

### REGISTER BY:

January 12th, 2018

### MIN/MAX:

Min 4/Max 12

## COOKING IN SANDWICH! ■ ■ ■

<b>DESCRIPTION:</b>	Learn to prepare delicious tasting food with a Registered Dietitian from Hy-Vee in Sycamore. Participants will learn how to prepare meals as well as sample their tasty creations, and recipes will be sent home.
<b>GOALS:</b>	This program is designed to assist with social skills, use of community resources, leisure education, an increase in recreation & life skills, and social/peer interactions.
<b>LOCATION:</b>	Open Door Rehabilitation Center, 405 S Wells Street, Sandwich, IL.
<b>TIME:</b>	6:00 PM – 7:30 PM
<b>AGE:</b>	Teens/Adults
<b>FEE:</b>	Residents \$16 / Non-Residents \$21
<b>MIN/MAX:</b>	Min 4/Max 8 - Space is limited for this popular program – Register Early!

Date:	Program Code:	Register by:
<b>January 10, 2018</b>	CS-01/10	1/03/18
<b>January 24, 2018</b>	CS-01/24	1/12/18
<b>February 7, 2018</b>	CS-02/07	1/26/18
<b>February 21, 2018</b>	CS-02/21	2/9/18
<b>March 7, 2018</b>	CS-03/07	2/23/18
<b>March 21, 2018</b>	CS-03/21	3/9/18
<b>April 4, 2018</b>	CS-04/04	3/23/18
<b>April 18, 2018</b>	CS-04/18	4/6/18



## T'NT – LIFE SKILLS PROGRAM ■ ■ ■

**CODE: 2018-WTNT**



<b>DESCRIPTION:</b>	Developed by RAMP and funded through a grant from Youth Engaged in Philanthropy, this program is for teens and young adults who are transitioning into more independence.
<b>GOALS:</b>	This program is designed to assist with social skills, use of community resources, leisure education, an increase in recreation and life skills, and social/peer interactions.
<b>PARTICIPANTS:</b>	Must have a moderate to high level of ability (no 1:1 staff provided)
<b>DATES:</b>	Tuesdays, February 6 – April 24, 2018 (no T'NT on March 27 or April 3, 2018)
<b>TIME:</b>	5:00 PM – 6:00 PM
<b>LOCATION:</b>	Flagg-Rochelle Park District, Spring Lake Marina, 800 Avenue B, Rochelle, IL.
<b>AGE:</b>	Teens <b>over 15</b> /Adults
<b>FEE:</b>	Residents \$35 / Non-Residents \$45
<b>REGISTER BY:</b>	January 26, 2018
<b>MIN/MAX:</b>	Min 4/Max 8

## SOCIAL NIGHT ■■

### DESCRIPTION:

This program allows participating individuals to **choose** their social activity! While all activities will be done at the facility, the options range from movie nights to storytelling! Participants may be dropped off at any time after 6:00 PM, but must be picked up by 9:00 PM. This program is perfect for parents looking for a night out or for participants looking for Friday night fun!

### GOALS:

This program is designed to build social skills and self-determination.

### TIME:

6:00 PM – 9:00 PM

### FEE:

Residents \$12 / Non-Residents \$16

### MIN/MAX:

Min 4/Max 12

### DEKALB PARK DISTRICT

Haish Gym  
303 S. 9th Street  
DeKalb, IL

#### Sessions:

January 26, 2018  
Program Code: SN-01/26  
Register by: 01/19/18

February 23, 2018  
Program Code: SN-02/23  
Register by: 02/16/18

April 27, 2018  
Program Code: SN-04/27  
Register by: 04/20/18

### SANDWICH PARK DISTRICT

1001 N. Latham Street  
Sanwich, IL

#### Sessions:

January 12, 2018  
Program Code: SN-01/12  
Register by: 01/05/18

March 16, 2018  
Program Code: SN-03/16  
Register by: 03/09/18

April 6, 2018  
Program Code: SN-04/06  
Register by: 03/30/18

## PROGRAMS FOR ALL AGES!

See pages 3-5 for more details.



### BOWLING @ MULTIPLE LOCATIONS

Join friends to improve your bowling skills and have fun!



### FUNDAMENTALS OF ART

Come make art with us on Mondays!



### FRIENDSHIP FRIDAYS

Join friends and have fun socializing and playing!



### KISHWAUKEE CADENZAS

Singers and dancers unite! This session we will be performing the music of The Beatles!

### VALENTINE DANCE

Bring your family and join friends to have fun dancing the night away.

### FIELD TRIP SATURDAYS

Fun Community Field Trips to many area attractions!



### INSTRUMENT PETTING ZOO

You will have the opportunity to play, and touch a variety of instruments.

### EXPLORE THERAPEUTIC HORSEBACK RIDING

Come out to the barn and learn the basic skills of horseback riding and horse care for a four-week lesson.





**HYVEE COOKING CLASS!** ■■

- DESCRIPTION:** Learn to prepare delicious tasting food with a Registered Dietitian at Hy-Vee in Sycamore in their Club Room, a completely accessible teaching kitchen. Participants will learn how to prepare meals as well as sample their tasty creations, and recipes will be sent home.
- GOALS:** This program is designed to assist with social skills, use of community resources, leisure education, an increase in recreation & life skills, and social/peer interactions.
- LOCATION:** Hy-Vee Clubroom, 2700 DeKalb Avenue, Sycamore, IL.
- TIME:** 6:00 PM – 7:30 PM
- AGE:** Teens/Adults
- FEE:** Residents \$12/ Non-Residents \$16
- MIN/MAX:** Min 4/Max 8 - Space is limited for this popular program – Register Early!

Date:	ProgramCode:	Register by:
<b>January 23, 2018</b>	HCC-01/23	1/12/18
<b>February 27, 2018</b>	HCC-02/27	2/16/18
<b>March 13, 2018</b>	HCC-03/13	3/2/18
<b>April 24, 2018</b>	HCC-04/24	4/13/18

**KISHWAUKEE CADENZAS** ■■**PROGRAM CODE: 2018-WKC**

- DESCRIPTION:** Singers and dancers unite! Kishwaukee Cadenzas are here to shine onstage, singing pop, rock, and musical theater classics. No experience necessary, just a love for music and dance!  
**Program Leader: Abby Mungai**
- GOALS:** This program is designed to assist with social skills, use of community resources, leisure education, an increase in recreation skills, social/peer interactions, gross motor skills, verbal skills, and new and transferrable music skills.
- DATE:** **Saturdays, January 20th – April, 28th 2017**  
**\*No group on February 10th, March 3rd, March 10th, March 31st and April 14th**  
**\*Special Performance for friends & family on April 28th, 2018: 10:30-11:30 AM (no additional charge)**
- TIME:** 9:30 AM - 11:00 AM
- LOCATION:** DeKalb Park District, Hopkins Park Administrative Building - Basement, 1403 Sycamore Road, DeKalb, IL.
- AGE:** Teens / Adults
- FEE:** Resident: \$40 / Non-Resident \$52
- REGISTER BY:** January 12th, 2018
- MIN/MAX:** Min 4/Max 12

## COOKING IN SANDWICH! ■■

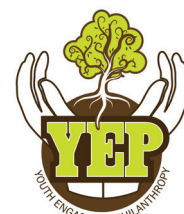
<b>DESCRIPTION:</b>	Learn to prepare delicious tasting food with a Registered Dietitian from Hy-Vee in Sycamore. Participants will learn how to prepare meals as well as sample their tasty creations, and recipes will be sent home.
<b>GOALS:</b>	This program is designed to assist with social skills, use of community resources, leisure education, an increase in recreation & life skills, and social/peer interactions.
<b>TIME:</b>	6:00 PM - 7:30 PM
<b>LOCATION:</b>	Open Door Rehabilitation Center, 405 S Wells Street, Sandwich, IL.
<b>AGE:</b>	Teens/Adults
<b>FEE:</b>	Residents \$16 / Non-Residents \$21
<b>MIN/MAX:</b>	Min 4/Max 8 - Space is limited for this popular program – Register Early!

Date:	Program Code:	Register by:
<b>January 10, 2018</b>	CS-01/10	1/03/18
<b>January 24, 2018</b>	CS-01/24	1/12/18
<b>February 7, 2018</b>	CS-02/07	1/26/18
<b>February 21, 2018</b>	CS-02/21	2/9/18
<b>March 7, 2018</b>	CS-03/07	2/23/18
<b>March 21, 2018</b>	CS-03/21	3/9/18
<b>April 4, 2018</b>	CS-04/04	3/23/18
<b>April 18, 2018</b>	CS-04/18	4/6/18



## T'NT – LIFE SKILLS PROGRAM ■■

### CODE: 2018-WTNT



<b>DESCRIPTION:</b>	Developed by RAMP and funded through a grant from Youth Engaged in Philanthropy, this program is for teens and young adults who are transitioning into more independence.
<b>GOALS:</b>	This program is designed to assist with social skills, use of community resources, leisure education, an increase in recreation and life skills, and social/peer interactions.
<b>PARTICIPANTS:</b>	Must have a moderate to high level of ability (no 1:1 staff provided)
<b>DATES:</b>	Tuesdays, February 6 – April 24, 2018 (no T'NT on March 27 or April 3, 2018)
<b>TIME:</b>	5:00 PM – 6:00 PM
<b>LOCATION:</b>	Flagg-Rochelle Park District, Spring Lake Marina, 800 Avenue B, Rochelle, IL.
<b>AGE:</b>	Teens <b>over 15</b> /Adults
<b>FEE:</b>	Residents \$35 / Non-Residents \$45
<b>REGISTER BY:</b>	January 26, 2018
<b>MIN/MAX:</b>	Min 4/Max 8

## SOCIAL NIGHT

**DESCRIPTION:** This program allows participating individuals to **choose** their social activity! While all activities will be done at the facility, the options range from movie nights to storytelling! Participants may be dropped off at any time after 6:00 PM, but must be picked up by 9:00 PM. This program is perfect for parents looking for a night out or for participants looking for Friday night fun!

**GOALS:** This program is designed to build social skills and self-determination.

**TIME:** 6:00 PM – 9:00 PM

**FEE:** Residents \$12 / Non-Residents \$16

**MIN/MAX:** Min 4/Max 12

### DEKALB PARK DISTRICT

Haish Gym  
303 S. 9th Street  
DeKalb, IL

#### Sessions:

January 26, 2018  
Program Code: SN-01/26  
Register by: 01/19/18

February 23, 2018  
Program Code: SN-02/23  
Register by: 02/16/18

April 27, 2018  
Program Code: SN-04/27  
Register by: 04/20/18

### SANDWICH PARK DISTRICT

1001 N. Latham Street  
Sanwich, IL

#### Sessions:

January 12, 2018  
Program Code: SN-01/12  
Register by: 01/05/18

March 16, 2018  
Program Code: SN-03/16  
Register by: 03/09/18

April 6, 2018  
Program Code: SN-04/06  
Register by: 03/30/18

## PROGRAMS FOR ALL AGES!

See pages 3-5 for more details.

### BOWLING @ MULTIPLE LOCATIONS

Join friends to improve your bowling skills and have fun!

### FUNDAMENTALS OF ART

Come make art with us on Mondays!

### FRIENDSHIP FRIDAYS

Join friends and have fun socializing and playing!

### KISHWAUKEE CADENZAS

Singers and dancers unite! This session we will be performing the music of The Beatles!

### VALENTINE DANCE

Bring your family and join friends to have fun dancing the night away.

### FIELD TRIP SATURDAYS

Fun Community Field Trips to many area attractions!

### INSTRUMENT PETTING ZOO

You will have the opportunity to play, and touch a variety of instruments.

### EXPLORE THERAPEUTIC HORSEBACK RIDING

Come out to the barn and learn the basic skills of horseback riding and horse care for a four-week lesson.





# AREA PROGRAMS

## DEKALB AREA PROGRAMS

### BOWLING ■

**DAY/TIME:** Thursdays: 6:00 – 7:30 PM  
**LOCATIONS:** Mardi Gras Lanes, 1730 Sycamore Road, DeKalb, IL.  
**PAGE:** 7

### SENSORY STATION! ■

**DAY/TIME:** Wednesdays: 5:00 PM – 6:00 PM  
**LOCATIONS:** Dekalb Park District, Sports & Recreation Center, 1765 4th Street, DeKalb, IL.  
**PAGE:** 9

### FIELD TRIP SATURDAYS ■

**DAY/TIME:** Saturdays: Various  
**LOCATIONS:** Brookfield Zoo, Swimming at Vaugh Aquatic Center, Metra Ride & Lunch at 2Toots in Glen Ellyn, Hiking at Starved Rock  
**PAGE:** 10

### INSTRUMENT PETTING ZOO ■

**DAY/TIME:** Wednesday, January 24, 2018: 6:00 PM – 7:30 PM  
**LOCATIONS:** Hopkins Park Administration Building - Basement, 1403 Sycamore Road, DeKalb, IL.  
**PAGE:** 10

### EXPLORE THERAPEUTIC HORSEBACK RIDING ■

**DAY/TIME:** Mondays: 9:00 AM – 12:00 PM  
**LOCATIONS:** HorsePower Therapeutic Riding, Fox Chase Farm 46W27276 Rt. 38, Maple Park, IL 60151.  
**PAGE:** 11

### FRIDAY FUN NIGHT OUT ■

**DAY/TIME:** Fridays: 6:00 PM – 9:00 PM  
**LOCATIONS:** DeKalb Park District, Hopkins Park - Basement, 1403 Sycamore Road, DeKalb, IL.  
**PAGE:** 12

### COOKING CLASS! ■ ■

**DAY/TIME:** Tuesdays: 6:00 PM – 7:30 PM  
**LOCATIONS:** Hy-Vee Clubroom, 2700 DeKalb Avenue, Sycamore, IL.  
**PAGE:** 16

### KISHWAUKEE CADENZAS ■ ■

**DAY/TIME:** Saturdays: 9:30 AM - 11:00 AM  
**LOCATIONS:** DeKalb Park District, Hopkins Park Administrative Building - Basement, 1403 Sycamore Road, DeKalb, IL.  
**PAGE:** 16

### SOCIAL NIGHT ■ ■

**DAY/TIME:** Fridays: 6:00 PM – 9:00 PM  
**LOCATIONS:** DeKalb Park District, Haish Gym, 303 S. 9th Street, DeKalb, IL.  
**PAGE:** 18

■ ALL AGES .....	7
■ YOUTH (4-12) .....	12
■ TEENS (13-17) .....	13
■ ADULTS (18+) .....	16





## ROCHELLE AREA PROGRAMS

### **BOWLING** ■

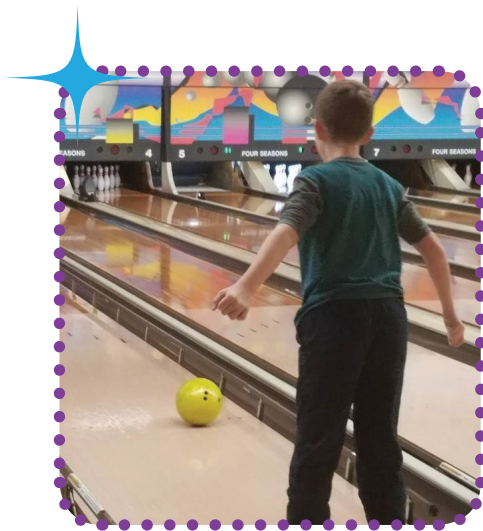
**DAY/TIME:** Mondays: 6:00 – 7:30 PM  
**LOCATIONS:** T-Byrd Lanes, 1172 Lincoln Highway, Rochelle, IL.  
**PAGE:** 7

### **FRIENDSHIP FRIDAYS** ■

**DAY/TIME:** Fridays: 6:00 PM – 9:00 PM  
**LOCATIONS:** Flagg-Rochelle Park District, Teen Town, 101 8th Avenue, Rochelle, IL.  
**PAGE:** 9

### **T'NT – LIFE SKILLS PROGRAM** ■ ■

**DAY/TIME:** Tuesdays: 5:00 PM – 6:00 PM  
**LOCATIONS:** Flagg-Rochelle Park District, Spring Lake Marina, 800 Avenue B, Rochelle, IL.  
**PAGE:** 15





## SANDWICH AREA PROGRAMS

DAY/TIME:

Mondays: 4:00 – 5:30 PM

LOCATIONS:

Idle Hour Lanes, 927 E. Railroad Street, Sandwich, IL.

PAGE:

7

### FUNDAMENTALS OF ART ■

DAY/TIME:

Mondays: 6:00 – 7:30 PM

LOCATIONS:

Sandwich Park District, 1001 N. Latham Street, Sandwich, IL.

PAGE:

8

### KSRA ART SHOW ■

DAY/TIME:

Friday, April 20, 2018: 6:00 – 7:30 PM

LOCATIONS:

Sandwich Park District, 1001 N. Latham Street, Sandwich, IL.

PAGE:

8

### VALENTINE DANCE! ■

DAY/TIME:

Friday, February 16, 2018: 6:00 PM – 8:00 PM

LOCATIONS:

Sandwich Park District, 1001 N. Latham Street, Sandwich, IL.

PAGE:

11

### FRIDAY FUN NIGHT OUT! ■

DAY/TIME:

Fridays: 6:00 PM – 9:00 PM

LOCATIONS:

Sandwich Park District, 1001 N. Latham Street, Sandwich, IL.

PAGE:

12

### SOCIAL NIGHT ■ ■

DAY/TIME:

Fridays: 6:00 PM – 9:00 PM

LOCATIONS:

Sandwich Park District, 1001 N. Latham Street, Sandwich, IL.

PAGE:

15

### COOKING IN SANDWICH ■ ■

DAY/TIME:

Wednesdays: 6:00 PM – 7:30 PM

LOCATIONS:

Open Door Rehabilitation Center, 405 S. Wells Street, Sandwich, IL.

PAGE:

15





**Does your family want more options? Sports? Field Trips? Lessons? Check out any of our member park district programs and consider Inclusion services for ANY of their programs!**

**Visit our website: [www.kishsra.org](http://www.kishsra.org) for more information on our programs and services. Also, visit us on Facebook and follow us on Twitter!**

## INCLUSION! WHAT DOES THAT MEAN?

1. Inclusion provides **OPPORTUNITIES** for people of all abilities to participate **TOGETHER!**
2. Inclusion provides **SUPPORT** to those who need a little extra help to participate.
3. Inclusion looks at the **NEEDS, INTERESTS, & ABILITIES** of people instead of focusing on their disability.
4. Inclusion supports the process of **PREPARING, LEARNING, EXPERIENCING, & GROWING** with each person, family, and staff.
5. Inclusion provides a **RECREATIONAL CHOICE!**

## WHO CAN USE INCLUSION SERVICES AND HOW DOES THAT WORK?

Anyone can request Inclusion services to participate in any programs offered by their member park district agencies that support Kishwaukee SRA. Kishwaukee SRA staff is trained to assess and evaluate the participant's needs and make recommendations which can include providing adaptive equipment, Inclusion companions, interpreters, or program modifications.

To sign up for INCLUSION in your park district programs, simply check the box on the registration form or let the staff taking your registration know that you need assistance and Kishwaukee SRA will be notified of your request.

**For more information, contact Stacy Veldhuizen, CTRS, Therapeutic Recreation Program Coordinator.**

### CONTACT

#### Kishwaukee SRA

1403 SYCAMORE ROAD  
DEKALB, IL 60115

**MAIN OFFICE: 779.777.7285**

STACY VELDHUIZEN, CTRS  
**DIRECT LINE: 779-777-7286**

**E-MAIL:**  
**[SVELDHUIZEN@KISHSRA.ORG](mailto:SVELDHUIZEN@KISHSRA.ORG)**



**SANDWICH  
PARK DISTRICT**



[www.genoaparks.com](http://www.genoaparks.com)  
[www.dekalbparkdistrict.com](http://www.dekalbparkdistrict.com)  
[www.sycamoreparkdistrict.com](http://www.sycamoreparkdistrict.com)  
[sandwichparkdistrict.org](http://sandwichparkdistrict.org)  
[rochelleeparkdistrict.org](http://rochelleeparkdistrict.org)

<div>1</div> <div>New Year's Day Office Closed</div>	<div>2</div> <div>Office Closed</div>	<div>3</div>	<div>4</div>	<div>5</div>	<div>6</div>	
<div>7</div>	<div>8</div>	<div>9</div>	<div>10</div> <div><div></div>6p Cooking (CS-oi/10)</div>	<div>11</div>	<div>12</div> <div><div></div>6p Friday Fun Night Out (DeKalb)</div> <div><div></div>6p Social Night (Sandwich)</div>	<div>13</div> <div><div></div>9a Field Trip Saturday (Brookfield Zoo)</div>
<div>14</div>	<div>15</div> <div>Martin Luther King Jr. Day Office Closed</div>	<div>16</div>	<div>17</div>	<div>18</div>	<div>19</div>	<div>20</div> <div><div></div>9:30a Kishwaukee Cadenzas</div>
<div>21</div>	<div>22</div> <div><div></div>9a Horseback Riding (THR-WS1)</div> <div><div></div>4p Bowling (IHL- WS1)</div> <div><div></div>6p Fundamentals of Art (WS1)</div>	<div>23</div> <div><div></div>6p Cooking (HCC-oi/23)</div>	<div>24</div> <div><div></div>6p Instrument Petting Zoo</div> <div><div></div>6p Bowling (TBL-WS1)</div> <div><div></div>6p Cooking (CS- oi/24)</div>	<div>25</div> <div><div></div>6p Bowling (MGL-WS1)</div>	<div>26</div> <div><div></div>6p Social Night (DeKalb)</div>	<div>27</div> <div><div></div>9:30a Kishwaukee Cadenzas</div>
<div>28</div>	<div>29</div> <div><div></div>9a Horseback Riding (THR-WS1)</div> <div><div></div>4p Bowling (IHL- WS1)</div> <div><div></div>6p Fundamentals of Art (WS1)</div>	<div>30</div>	<div>31</div> <div><div></div>6p Bowling (TBL-WS1)</div>	<div>JANUARY</div> <div></div> <div></div>		

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				<b>1</b> 6p Bowling (MGL-WS1)	<b>2</b> 6p Friday Fun Night Out ( <i>Sandwich</i> ) 6p Friendship Fridays	<b>3</b> 9:30a Kishwaukee Cadenzas
<b>4</b>	<b>5</b> 9a Horseback Riding (THR-WS1) 4p Bowling (IHL-WS1) 6p Fundamentals of Art (WS1)	<b>6</b> 5p TNT	<b>7</b> 5p Sensory Station 6p Bowling (TBL-WS1) 6p Cooking (CS-02/07)	<b>8</b> 6p Bowling (MGL-WS1)	<b>9</b>	<b>10</b> 11a Field Trip Saturday ( <i>Swimming</i> )
<b>11</b>	<b>12</b> 9a Horseback Riding (THR-WS1) 4p Bowling (IHL-WS1) 6p Fundamentals of Art (WS1)	<b>13</b> 5p TNT	<b>14</b> 5p Sensory Station 6p Bowling (TBL-WS1)	<b>15</b> 6p Bowling (MGL-WS1)	<b>16</b> 6p Valentine Dance ( <i>Sandwich</i> ) 6p Friday Fun Night Out ( <i>DeKalb</i> )	<b>17</b> 9:30p Kishwaukee Cadenzas
<b>18</b>	<b>19</b> Presidents' Day Office Closed	<b>20</b> 5p TNT	<b>21</b> 5p Sensory Station 6p Bowling (TBL-WS1) 6p Cooking (CS-02/21)	<b>22</b> 6p Bowling (MGL-WS1)	<b>23</b> 6p Social Night ( <i>DeKalb</i> )	<b>24</b> 9:30p Kishwaukee Cadenzas
<b>25</b>	<b>26</b> 9a Horseback Riding (THR-WS2) 4p Bowling (IHL-WS1) 6p Fundamentals of Art (WS1)	<b>27</b> 5p TNT 6p Cooking (HCC-02/27)	<b>28</b> 5p Sensory Station 6p Bowling (TBL-WS1)	<div> </div>		

# FEBRUARY






# MARCH

<div>4</div> <div>5</div> <div> <div>9a Horseback Riding (THR-WS2)</div> <div>4p Bowling (IHL-WS1)</div> <div>6p Fundamentals of Art (WS1)</div> </div>	<div>6</div> <div> <div>5p TNT</div> </div>		<div>7</div> <div> <div>5p Sensory Station</div> <div>6p Bowling (TBL-WS2)</div> <div>6p Cooking (CS-03/07)</div> </div>	<div>8</div> <div> <div>6p Bowling (MGL-WS2)</div> </div>	<div>9</div> <div> <div>KSRA Fundraiser</div> <div>SPRING FORWARD TO ACCESSIBILITY</div> <div>★ ★ ★</div> </div>	<div>10</div>
<div>11</div> <div>12</div> <div> <div>9a Horseback Riding (THR-WS2)</div> <div>4p Bowling (IHL-WS2)</div> <div>6p Fundamentals of Art (WS2)</div> </div>	<div>13</div> <div> <div>5p TNT</div> <div>6p Cooking (HCC-03/13)</div> </div>		<div>14</div> <div> <div>5p Sensory Station</div> <div>6p Bowling (TBL-WS2)</div> </div>	<div>15</div> <div> <div>6p Bowling (MGL-WS2)</div> </div>	<div>16</div> <div> <div>6p Social Night - (Sandwich)</div> </div>	<div>17</div> <div> <div>9:30a Kishwaukee Cadanzas</div> </div>
<div>18</div> <div>19</div> <div> <div>9a Horseback Riding (THR-WS2)</div> <div>4p Bowling (IHL-WS2)</div> <div>6p Fundamentals of Art (WS2)</div> </div>	<div>20</div> <div> <div>5p TNT</div> </div>		<div>21</div> <div> <div>6p Bowling (TBL-WS2)</div> <div>6p Cooking (CS-03/21)</div> </div>	<div>22</div> <div> <div>6p Bowling (MGL-WS2)</div> </div>	<div>23</div> <div> <div>6p Friday Fun Night Out (Dekalb)</div> </div>	<div>24</div> <div> <div>9:30a Kishwaukee Cadanzas</div> </div>
<div>25</div> <div>26</div> <div> <div>4p Bowling (IHL-WS2)</div> <div>6p Fundamentals of Art (WS2)</div> </div>	<div>27</div>		<div>28</div>	<div>29</div>	<div>30</div>	<div>31</div>

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



1

2

3

4

5

6

7

■ **9a** Horseback Riding (THR-WS3)  
 ■ **4p** Bowling (IHL-WS2)  
 ■ **6p** Fundamentals of Art (WS2)

■ **6p** Bowling (TBL-WS2)  
 ■ **6p** Cooking (CS-O4/O4)

■ **6p** Bowling (MGL-WS2)  
 ■ **6p** Social Night (Sandwich)  
 ■ **6p** Friendship Fridays

■ **9a** Kishwaukee Cadenzas

■ **9a** Field Trip Saturday (Starved Rock)

■ **9a** Kishwaukee Cadenzas

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13

14

■ **5p** TNT

■ **6p** Bowling (TBL-WS2)

■ **6p** Bowling (MGL-WS2)

■ **6p** Friday Fun Night Out (DeKalb)

■ **9a** Field Trip Saturday (Starved Rock)

■ **9a** Kishwaukee Cadenzas

15

16

17

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19

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21

■ **9a** Horseback Riding (THR-WS3)  
 ■ **4p** Bowling (IHL-WS2)  
 ■ **6p** Fundamentals of Art (WS2)

■ **6p** Bowling (TBL-WS2)  
 ■ **6p** Cooking (CS-O4/18)

■ **6p** Bowling (MGL-WS2)

■ **6p** Art Show (FREE) (Sandwich)

■ **9a** Kishwaukee Cadenzas

■ **9a** Kishwaukee Cadenzas

22

23

24

25

26

27

28

■ **9a** Horseback Riding (THR-WS3)  
 ■ **4p** Bowling (IHL-WS2)  
 ■ **6p** Fundamentals of Art (WS2)

■ **5p** TNT  
 ■ **6p** Cooking (HCC-O4/24)

■ **6p** Social Night (DeKalb)

■ **9a** Kishwaukee Cadenzas

■ **9a** Kishwaukee Cadenzas

■ **9a** Kishwaukee Cadenzas

29

30

■ **9a** Horseback Riding (THR-WS3)  
 Last Day for Camp  
 Maple Leaf Early Bird  
 Registration!



# GENERAL INFORMATION

## **INCLUSION:**

Kishwaukee Special Recreation Association understands that not every person with a special need must participate in Special Recreation. Kishwaukee Special Recreation Association staff can help with questions regarding any individual's participation in member agency programs. Kishwaukee Special Recreation Association member agencies are committed to the provision of recreational services to all residents.

If you are interested in participating in programs provided by your local park district, please follow their registration procedures/timelines and contact them to state your requests. Always be thorough when completing registration materials and state any special assistance that may be needed. It is important to inform the park district staff what your goals and expectations are for Kishwaukee Special Recreation Association program participants. By informing the staff as soon as possible regarding special needs, Kishwaukee Special Recreation Association staff are better able to provide the necessary assistance in a timely manner.

### ***Types of assistance that Kishwaukee Special Recreation Association can provide are:***

- ▶ In-service training for staff, including activity adaptations, behavior management techniques, and disability awareness.
- ▶ Recruitment of additional staff, if needed.
- ▶ Consultations or observations at programs.

## **PROGRAM CANCELLATIONS:**

Kishwaukee Special Recreation Association reserves the right to cancel a program or event due to insufficient enrollment. Programs or special events may be cancelled due to inclement weather and make up dates will not be arranged.

## **ADA COMPLIANCE:**

Kishwaukee Special Recreation Association intends to comply with the Americans

with Disabilities Act (ADA) which prohibits discrimination in the provision and inclusion of programs and services to individuals with disabilities. As stated below, some programs, because of the inherent nature of the activity, are suggested for specific disability groups. If you or any person wishes to participate but are not among the suggested groups, please call Kishwaukee Special Recreation Association. Every reasonable effort will be made to include the individual in the program. If you have any questions regarding the ADA, or if you feel you have been discriminated against in the inclusion of programs or the provision of services, please contact Julie Eggelston at 779-777-7284. A procedure is available for you to register your complaint and for its prompt resolution.

## **ATLANTO-AXIAL INSTABILITY:**

Individuals with Down Syndrome are at risk of having a condition known as Atlanto-Axial Instability (AAI). It is a Kishwaukee Special Recreation Association policy that any individual with Down Syndrome is required to have a doctor's written note on file stating the person is free of AAI if that person wishes to participate in any program with a potential to cause undue stress upon the neck. Kishwaukee Special Recreation Association will also be offering other programs that are not by the inherent nature of the activity at risk for undue pressure upon the neck. However, the nature of play is active participation. Please take this into consideration when enrolling your child into a program and inform staff if AAI is present.

## **BEHAVIOR EXPECTATIONS:**

Kishwaukee Special Recreation Association encourages and promotes the concept of fun for everyone. However, certain expectations have been created to ensure maximum enjoyment by all. Participants are expected to display appropriate behavior during programs. Kishwaukee Special Recreation Association's basic behavior code insists that participants shall:

- ▶ Show respect to all other participants, staff and volunteers.
- ▶ Not use abusive or foul language.
- ▶ Refrain from inflicting bodily harm to any individual.
- ▶ Respect the equipment, supplies, uniforms and facilities.
- ▶ Have control of bowel and bladder (diapers and catheters are acceptable).

A caring, positive approach will be utilized regarding the use of any disciplinary methods. Additional or individual behavior management plans may be developed on the advice of parents, guardians, Kishwaukee Special Recreation Association staff, or other professionals. Kishwaukee Special Recreation Association reserves the right to dismiss a participant if the above noted procedures are not adhered to, and/or, parent/guardian response to a problem situation is not attempted. Each situation will be evaluated individually and on its own merit.

## **ANNUAL INFORMATION FORM:**

Kishwaukee Special Recreation Association requires all participants to complete a yearly Annual Information Form. The form provides staff with valuable information which allows Kishwaukee Special Recreation Association to conduct its activities in the safest possible manner and to meet the basic needs of participants. If you are new to Kishwaukee Special Recreation Association or if the agency receives a registration form and does not have an Annual Information Form on file, one will be sent to you to complete and return. If at any time the form needs to be updated, (change in medication, behavior, etc.) please call the Kishwaukee Special Recreation Association office. All information is kept strictly confidential and enhances successful participation. Thank you for your cooperation.

## **FREEDOM OF INFORMATION ACT REQUEST:**

Public Records Requests for information should be directed to the Freedom of Information Act (FOIA) Officer(s) of the Association. The current

designated FOIA Officer is:  
Julie Eggleston, Executive Director,  
jeggleson@kishsra.org.

**All FOIA Officer(s) can be reached at the  
Kishwaukee Special Recreation  
Association Office:**

1403 Sycamore Road, DeKalb, IL 60115  
Phone: 779-777-7284.

Requests can be submitted in writing  
or via email to the address listed above.  
A request form is also available for your  
convenience at the Kishwaukee Special  
Recreation Association Office.

For black and white, letter or legal sized  
copies, the first fifty pages are free and  
additional pages will cost \$0.15 a page.  
For color copies or abnormal size copies,  
KSRA can charge the actual cost of  
copying. The Association may require  
the requester to disclose whether the  
request is for a commercial purpose or to  
decide whether to grant a fee waiver.

**MEDICATION DISPENSING:**

Kishwaukee Special Recreation Association  
staff may dispense medication only if the  
following procedures have been completed:

- ▶ A current Permission for Medication  
Dispensing form is completed and signed  
by parent/guardian.
- ▶ Medication must be given to Kishwaukee  
Special Recreation Association staff with the  
original prescription order (may be a copy)  
and/or the original bottle/container with  
full doctor ordered instructions. Medicine  
must come in individual dosage amounts as  
prescribed.
- ▶ Dosage, time, and potential side effects are  
clearly noted.
- ▶ All of the above information must be  
delivered to the Kishwaukee Special  
Recreation Association Office at least two  
days prior to the onset of the program.
- ▶ Kishwaukee Special Recreation Association  
staff may under no circumstances perform  
an injection or any other medically invasive  
procedure.
- ▶ Kishwaukee Special Recreation Association  
staff will not administer medications that  
are not approved through the FDA.

**LATE PICK UP POLICY:**

**Calculated per Programming Season**

- ▶ Two (2) verbal reminders will be given.  
Reminders will be documented through a  
signature of a parent or guardian.
- ▶ Five (5) minutes will be the maximum  
amount of time allowed after the advertised  
conclusion of the program.
- ▶ After five (5) minutes and after any two  
(2) documented warnings, \$5.00 per  
each accumulated five (5) minutes will be  
assessed. The late party will be invoiced and  
the bill will be treated like any other late  
program fee.

**TRANSPORTATION POLICY:**

Transportation is only available for  
participants 13 years old and over who are  
residents in the participating Park District  
boundaries of DeKalb, Sycamore or Genoa.  
Not all programs have transportation. Please  
review the program descriptions for details  
on transportation. Rides home provided by  
Kishwaukee Special Recreation Association  
will be a \$5.00 fee and must be reserved  
at the time of program registration.

The following procedures are to be  
followed to maintain safe transportation  
of Kishwaukee Special Recreation  
Association staff and participants:

- ▶ All passengers must be seated with seat  
belts fastened immediately upon entering  
the vehicle.
- ▶ Kishwaukee Special Recreation Association  
staff are responsible for determining  
whether or not an individual may be  
transported safely due to behavior or health  
concerns.
- ▶ Kishwaukee Special Recreation Association  
staff will not leave any person unattended  
after any program unless written  
permission has been received from said  
individual's parent/guardian.
- ▶ No object (i.e. hands, head, trash) is to  
protrude or be thrown from the vehicle at  
any time.
- ▶ Windows will be opened upon permission  
from Kishwaukee Special Recreation  
Association staff.
- ▶ Kishwaukee Special Recreation  
Association does not provide door to door  
transportation for all programs but will  
offer drop off and pick up locations for

selected programs for participants over  
the age of 13.

- ▶ Kishwaukee Special Recreation  
Association reserves the right to refuse or  
discontinue transportation services.
- ▶ Kishwaukee Special Recreation  
Association vehicles will only wait five (5)  
minutes after the scheduled time before  
departing to its next location.
- ▶ The vehicle will not depart until these  
procedures have been followed.

Please realize that these procedures  
have been implemented to ensure the  
safety of all participants and staff.  
Thank you for your cooperation.

**RISK MANAGEMENT:**

Kishwaukee Special Recreation Association  
is committed to providing its recreation  
programs and services in the safest possible  
manner and to keeping the safety of all  
individuals at the forefront. Participants and  
parents must realize there is some degree  
of risk which is inherent in all recreation  
activities. In an effort to minimize exposure  
to unsafe conditions, Kishwaukee Special  
Recreation Association conducts an ongoing  
risk management program and strictly  
enforces that safety procedures be adhered  
to by all participants and staff. Be aware that  
Kishwaukee Special Recreation Association  
does not carry medical or accident insurance  
for injuries sustained during programs  
or services. The cost of such would make  
participant fees prohibitive. Each person  
registering himself/herself or a dependent  
in a Kishwaukee Special Recreation  
Association program should review and  
maintain their own insurance coverage. It  
must be noted that the absence of individual  
or family medical insurance coverage does  
not make Kishwaukee Special Recreation  
Association automatically responsible for  
the payment of medical expenses. The  
agency providing liability coverage for  
Kishwaukee Special Recreation Association  
requires the mandatory execution of a  
Waiver and Release form for all programs.  
Thank you for your cooperation.



## FINANCIAL AID FUND:

The commitment of Kishwaukee Special Recreation Association and the member agencies is to provide all individuals considered “residents” the opportunity for participation in Kishwaukee Special Recreation Association programs. A Scholarship Fund has been developed to assist individuals who may be experiencing financial difficulty. All personal information required for financial aid procedures is kept strictly confidential. Per season, a maximum of five (5) programs, plus any Special Olympics training programs and Day Camp, are eligible for assistance. Financial Aid must be requested in writing each program season. Individuals seeking financial assistance should contact Julie Eggleston for more information regarding the process and deferred payment options.

## PAYMENT PLANS:

Payment plans are an option only if a scholarship form is filled out and payments are completed by the end of each given season before the program begins. If these conditions are not met, individuals will not be eligible to register for any programs until the balance is paid in full. If you have any questions regarding this policy, please call Julie Eggleston, Executive Director.

## RESIDENCY INFORMATION:

**Resident:** Individuals residing within the legal boundaries of a Kishwaukee Special Recreation Association member agency (DeKalb, Sycamore and Genoa Township Park Districts) are considered “residents” of the Association and pay the in-district fee. Residents receive priority when registering for all programs through the registration deadline.  
**Non-Resident:** Any individual whose primary residence is outside of a member agency’s legal boundary is considered a non-resident and pays the out-of-district fee.

## NON-RESIDENT POLICIES:

Kishwaukee Special Recreation Association has approved and implemented non-resident guidelines and fees for its programs. The fees are listed for all programs in the program guide. All individuals residing outside of the legal boundaries of current Kishwaukee Special Recreation Association member agencies will be subject to these guidelines.

## SUGGESTED AGES AND ABILITIES:

Kishwaukee SRA offers most programs and special events to targeted age and ability groups so that programs can be designed to meet individual needs. Anyone wishing to participate in a program that does not appear to match his or her specific age or ability is encouraged to contact the KSRA office for additional information and to determine whether reasonable accommodations can be made.

## REGISTRATION PROCESS:

- ▶ Complete seasonal Registration Form, Waiver and Release Form and Annual Information Form (if applicable).
- ▶ Sign and complete forms and return them to the Kishwaukee Special Recreation Association office by RSVP deadline listed with each program description.
- ▶ Full payment is required at the time of registration unless specific arrangements have been made with the Kishwaukee Special Recreation Association Executive Director (i.e. Scholarship).
- ▶ Registrations WILL NOT be processed if a fee balance remains from a previous season.
- ▶ All checks must be made payable to Kishwaukee Special Recreation Association.
- ▶ Credit cards are accepted.
- ▶ Kishwaukee Special Recreation Association does not send confirmation of registration. Your canceled check or credit card statement serves as your receipt. However, you may call to confirm your registration.
- ▶ Payment/financial aid plans must be confirmed through the Kishwaukee Special Recreation Association Executive Director.
- ▶ Registration can be emailed to Julie Eggleston at [jeggleston@kishsra.org](mailto:jeggleston@kishsra.org) or faxed to: (815)758-4081. Payment must be received by RSVP deadline

Payment holds your place in the registered program. Without payment, staff cannot hold registration place.

## PHOTOGRAPHS:

Unless we are notified, Kishwaukee Special Recreation Association may take pictures of participants in our programs, classes or events. Please be aware that these pictures are only for Kishwaukee Special

Recreation Association use in brochures, pamphlets, flyers, website, and Facebook.

## REFUND POLICIES AND PROCEDURES:

- ▶ No refund will be given after the registration deadline unless for family emergency or illness. Please contact Kishwaukee Special Recreation Association Executive Director if requesting a refund.
- ▶ Unless requested or confirmed by the Kishwaukee Special Recreation Association office, refunds will be held as a credit. All credits not requested for immediate reimbursement will be paid out by April 30 of each year.
- ▶ Kishwaukee Special Recreation Association reserves the right to cancel a program due to insufficient enrollment. (See minimum and maximum enrollment for each program.)
- ▶ If the Kishwaukee Special Recreation Association finds it necessary to cancel a program before the second meeting, a full refund will be given.
- ▶ Medical Reasons: A full or prorated refund will be granted if a medical condition prohibits participation.
- ▶ All program refund requests are subject to a \$5.00 per program, \$50.00/Day Camp service charge.
- ▶ The service charge is waived if the refund request is made prior to a given program registration deadline.
- ▶ Any service charge will be applied to an unpaid balance.
- ▶ No refund will be given for any special event or program activity that requires a pre-paid purchase by Kishwaukee Special Recreation Association unless an alternate can be placed. There can be no exceptions.
- ▶ Kishwaukee Special Recreation Association realizes that inappropriate behavior or conduct may occur. However, if the behavior persists and is deemed hazardous to any individual, the Kishwaukee Special Recreation Association Executive Director reserves the right to suspend participants with a prorated refund given.

Refunds will be made available upon request if you are not able to attend a program due to the observation of sickness and have a primary care physician’s note.



This form must be completed and filed with KSRA prior to the start of programs. The form contains extremely important participant information which is necessary for KSRA staff to plan and execute safe and enjoyable programs. Please answer all questions in their entirety.

Date completed: \_\_\_\_\_ Person completing this form: \_\_\_\_\_

Relationship to participant: \_\_\_\_\_

## PARTICIPANT GENERAL INFORMATION

Name: First \_\_\_\_\_ Middle: \_\_\_\_\_ Last: \_\_\_\_\_ Nickname: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Home phone: ( ) \_\_\_\_\_ Park District: \_\_\_\_\_ Sex: M\_\_F\_\_ Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_

E-mail: \_\_\_\_\_ Shirt size: \_\_\_\_\_ Shoe size: \_\_\_\_\_ Weight: \_\_\_\_\_ Height: \_\_\_\_\_

Parent/Guardian name: (1) \_\_\_\_\_

(2) \_\_\_\_\_

Address (if different from participants): \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

(1) Place of employment: \_\_\_\_\_ work phone: \_\_\_\_\_ Cell: \_\_\_\_\_

(2) Place of employment: \_\_\_\_\_ work phone: \_\_\_\_\_ Cell: \_\_\_\_\_

School attending/other (workshops, day care, day treatment): \_\_\_\_\_

Teacher's / Supervisor's / Case worker's Name: \_\_\_\_\_

### AUTHORIZATION TO CONTACT AND RELEASE INFORMATION

Unless otherwise indicated in writing, I grant permission to KSRA to contact the school, teacher, supervisor, or case worker for the purpose of gathering or releasing information regarding the participant. The information will be used to provide the most effective plan for providing KSRA recreation services and proper placement. All information will be kept confidential.

Signature of participant if over 18, Parent or Guardian \_\_\_\_\_ Date \_\_\_\_\_

Has participant participated in recreational programs through KSRA in the past? Yes \_\_\_\_ No \_\_\_\_ If yes, what year? \_\_\_\_\_

List programs participant last participated in: \_\_\_\_\_

## EMERGENCY INFORMATION

Emergency contact: \_\_\_\_\_ Relationship: \_\_\_\_\_

*Emergency contact will be used if unable to reach parent or guardian at above phone numbers.*

Address: \_\_\_\_\_ Phone: ( ) \_\_\_\_\_ Cell: ( ) \_\_\_\_\_

Doctor's name: \_\_\_\_\_ Phone number: ( ) \_\_\_\_\_

### AUTHORIZATION FOR EMERGENCY MEDICAL TREATMENT

I authorize KSRA to arrange for emergency medical treatment, in the event of any injury to my child, or me and in the event that I or my designated emergency contact cannot be reached by KSRA.

Signature of participant if over 18, Parent or Guardian \_\_\_\_\_

Date \_\_\_\_\_

## MEDICAL AND HEALTH INFORMATION

Does participant have Allergies? Yes \_\_\_\_\_ No \_\_\_\_\_ If yes, please explain: \_\_\_\_\_

Is participant subject to seizures? Yes \_\_\_\_\_ No \_\_\_\_\_ Date of last seizure: \_\_\_\_/\_\_\_\_/\_\_\_\_ Are seizures controlled by medication? Yes \_\_\_\_\_ No \_\_\_\_\_

Describe type & frequency: \_\_\_\_\_

Describe what action you take in the event of a seizure: \_\_\_\_\_

If participant have active seizures, please provide a seizure plan that is approved by the participant's physician for the agency's records.

***Any participant needing to take medication during KSRA programs must complete a medication log and medication authorization form. Medication must arrive in pharmaceutical container with explicit instructions, participants name and the name of the doctor authorizing the prescription. The KSRA staff will not directly dispense medication. The participant MUST be able to independently dispense their own medication.***

List any medication participant takes (even if not taken at camp):

Medication	Dosage	Frequency
_____	_____	_____
_____	_____	_____
_____	_____	_____

Has participant had any major accidents or injuries that could affect participation? Yes \_\_\_\_\_ No \_\_\_\_\_ If yes please describe: \_\_\_\_\_

Are there any doctor's restrictions? Yes \_\_\_\_\_ No \_\_\_\_\_ If yes please describe: \_\_\_\_\_

Is the participant a carrier of a chronic communicable disease? Yes \_\_\_\_\_ No \_\_\_\_\_ Name the disease: \_\_\_\_\_

Does participant have a disability? Yes \_\_\_\_\_ No \_\_\_\_\_ If yes, Primary disability \_\_\_\_\_ secondary \_\_\_\_\_

### **If participant has Down syndrome**

Has participant been tested for Atlanto-axial instability? Yes \_\_\_\_\_ No \_\_\_\_\_

If tested for Atlanto-axial instability was the results positive? Yes \_\_\_\_\_ No \_\_\_\_\_

Circle any devices participant may use/wear during KSRA programs:

Contact lenses      Orthopedic devices      Dentures      Glasses      Hearing aid      prosthesis

Other (please specify): \_\_\_\_\_

Is participant ambulatory? Yes \_\_\_\_\_ No \_\_\_\_\_ Does participant use a wheel chair? Yes \_\_\_\_\_ No \_\_\_\_\_ Circle if use wheelchair: Manual or Electric

Does participant willing to transfer? Yes \_\_\_\_\_ No \_\_\_\_\_ Please explain transferring: \_\_\_\_\_

Circle other assistive devices used for ambulation:      Cane      walker      brace      crutches      other \_\_\_\_\_

**Check communication use:**    ☐ verbal/speaks clearly    ☐ verbal/speech is difficult to understand    ☐ has difficulty expressing needs

☐ gestures/points    ☐ uses sign language    ☐ uses a communication board/schedule/pictures

Explain any communication needs: \_\_\_\_\_

Participant's name: \_\_\_\_\_

Annual information form Pg. 3

## ADDITIONAL INFORMATION

Please answer each of the following questions regarding the participant as related to safety, swimming, dressing, bathroom, dietary and behavior:

	Y	N		Y	N
Willing to stay with group			Needs assistance with feeding		
Responsible for own belongings			Needs assistance with transitioning		
Recognizes danger			Has sensory needs – Please list		
May wander or run from staff or group					
Can manage own money			Any fears or phobias (fear of dogs, thunder storms...) Please list:		
Needs help dressing					
Needs help in bathroom – if yes list needs:			Any settings or activities that might cause behavior difficulties – if yes please list:		
Is an independent swimmer			Responds better to Male _____ Female _____ Either _____		
Needs 1:1 assistance in water					
Needs floatation device – if yes list type			Is using a specific plan for behavior – if yes please attach a copy of plan		
Any dietary restrictions - please list			Are there specific behavior management or reinforcement that works best?		

Additional comments: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

## CHILD CARE AND AUTHORIZATION FOR PICK UP

Participant will be at the following address \_\_\_\_\_ before and/ or \_\_\_\_\_ after KSRA program:

Name of care provider: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ zip: \_\_\_\_\_

Along with parent/guardian listed on 1<sup>st</sup> page the following people are authorized to pick participant up from KSRA programs. I understand if the people listed here are picking up participant for the first time and staff are unfamiliar with person they will ask to see a photo ID.

Name: \_\_\_\_\_

AUTHORIZATION  
FOR PICK UP  
AFTER CAMP

Signature of participant if over 18, Parent or Guardian

Date



**Kishwaukee Special Recreation Association**  
**REGISTRATION/BROCHURE WAIVER & RELEASE**

**IMPORTANT INFORMATION**

The Kishwaukee Special Recreation Association is committed to conducting its recreation programs and activities in a safe manner and holds the safety of participants in high regard. The Kishwaukee Special Recreation Association continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety. However, participants and parents/guardians of minors registering for the below listed programs/activities must recognize that there is an inherent risk of injury when choosing to participate in recreational activities/programs.

You are solely responsible for determining if you or your minor child/ward is physically fit and/or skilled for the activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant, disabled in any way or recently suffered an illness, injury or impairment, to consult a physician before undertaking any physical activity.

**WARNING OF RISK**

Recreational activities are intended to challenge and engage the physical, mental and emotional resources of each participant. Despite careful and proper preparation, instruction, medical advice, conditioning and equipment, there is still a risk of serious injury when participating in any recreational activity. Understandably, not all hazards and dangers can be foreseen. Depending on the particular activity, participants must understand that certain risks, dangers and injuries due to inclement weather, slip and falls, poor skill level or conditioning, carelessness, horseplay, unsportsmanlike conduct, premises defects, inadequate or defective equipment, inadequate supervision, instruction or officiating, and all other circumstances inherent to indoor and outdoor recreational activities exist. In this regard, it must be recognized that it is impossible for the Kishwaukee Special Recreation Association to guarantee absolute safety.

**WAIVER AND RELEASE OF ALL CLAIMS AND ASSUMPTION OF RISK**

Please read this form carefully and be aware that in signing up and participating in the programs listed below, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with these programs (including transportation services and vehicle operations, when provided).

I recognize and acknowledge that there are certain risks of physical injury to participants in these programs, and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participation. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in these programs against the Kishwaukee Special Recreation Association, including its officials, agents, volunteers and employees.

**I have read and fully understand the above important information, warning of risk, assumption of risk and waiver and release of all claims. If registering on-line or via fax, my on-line or facsimile signature shall substitute for and have the same legal effect as an original form signature.**

PLEASE PRINT

Participant's Name \_\_\_\_\_

Participant's Signature \_\_\_\_\_  
(18 years or older or Parent/Guardian)

Date \_\_\_\_\_

**PARTICIPATION WILL BE DENIED**

**If the signature of adult participant or parent/guardian and date are not on this waiver.**



# WINTER 2018 REGISTRATION FORM

Participant's Name: First \_\_\_\_\_ Middle: \_\_\_\_\_ Last: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ zip: \_\_\_\_\_

Park District: \_\_\_\_\_ Home/Cell phone: ( ) \_\_\_\_\_

Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ Sex: M\_\_F\_\_ Shirt size: \_\_\_\_\_ Shoe size: \_\_\_\_\_ Weight: \_\_\_\_ Height: \_\_\_\_\_

E-mail: \_\_\_\_\_

Parent/Guardian name: (1) \_\_\_\_\_

(2) \_\_\_\_\_

Address (if different from participants): \_\_\_\_\_ City: \_\_\_\_\_ zip: \_\_\_\_\_

Home/Cell phone: ( ) \_\_\_\_\_ E-mail: \_\_\_\_\_

Emergency Name/Relationship and Phone Number(s): \_\_\_\_\_

Emergency Phone Number(s): \_\_\_\_\_

Primary Disability \_\_\_\_\_ Secondary Disability \_\_\_\_\_

**PHOTOGRAPHS:** Unless we are notified, KSRA may take pictures of participants in our programs, classes, or events. Please be aware that these pictures are only for KSRA use in future brochures, pamphlets, and fliers.

Program Name	Program Code	Program Date/Session	Total Fee for Program

REQUESTS FOR REFUNDS WILL NOT BE CONSIDERED AFTER THE REGISTRATION DEADLINE EXCEPT FOR MEDICAL AND FAMILY EMERGENCIES.

**Payment for programs must be received in full prior to the deadline date.  
The waiver on the back of this form must be signed in order to process the registration.**



## Adventure Works

**815-517-0825; [www.adventureworksdekalb.org](http://www.adventureworksdekalb.org)**

Our mission is to assist youth in overcoming challenges and becoming healthy adults through adventure-based counseling. We serve youth and their families through individual, family, and group counseling, as well as educational services. A proven alternative to traditional counseling, we take counseling and learning outdoors to add adventure and fun into the process. Our adventure-based initiatives create opportunities to develop problem-solving skills, self-regulation, and feelings of accomplishment, ultimately promoting positive behavior changes and healthy youth!



## The Gracie Center

**815-884-0842; [www.thegraciecenter.org](http://www.thegraciecenter.org)**

The Gracie Center offers life skills programs to assist individuals once they have exited public school programs. The center is currently offering two programs during

the week. Wednesday is geared toward a functional skills program where participants work on community explorations, cooking, and socialization. Friday is all about vocational training. Participants also have opportunities to work in the PopUp Shop, a mobile vocational training concession stand.



## HorsePower Therapeutic Riding

**815-508-0804; [www.horsepowertr.com](http://www.horsepowertr.com)**

Providing creative, inspiring, and challenging therapeutic horseback riding lessons to children

and adults with disabilities regardless of their ability to pay. Therapeutic horseback riding is a dynamic recreational activity in which individuals with special needs are able to overcome challenges and learn new skills. Communication, connection, and teamwork between the student and their horse offers opportunities for physical, emotional, cognitive, sensory, and social growth.



## Iddy Biddy Pool School

**(815) 991-9162; [www.iddybiddypoolschool.com](http://www.iddybiddypoolschool.com)**

The Iddy Biddy Pool School is a learn-to-swim school that teaches swim techniques and water safety to infants through adults. We offer the most effective and well

managed programs taught by certified teachers. Our progression method was developed by national swim organizations as well as infant and special needs specialists. These specifically designed programs ensure sustained learning in a safe, friendly, and fun environment. Iddy Biddy Pool School also runs a Special Olympics swim team.



## Penguin Project – 815-893-9447; [www.cctonstage.com](http://www.cctonstage.com)

Children's Community Theatre's Penguin Project provides children and young adults (ages 10-22) who have physical and intellectual disabilities (Artists) the opportunity to experience the joy of participating

in musical theatre. Penguin Projects casts the artists in every role of a Broadway-style musical, paired with a mentor (a peer without a disability) to work alongside through the process.



## Rochelle Parent Group - 815-501-2088

The Rochelle Parent Group is a free support group for parents of children with any type of disability. Meeting the second Monday of the month during the school year from 6:30-8:00, at Changes Counseling, LLC, 700 Carrie Ave.,

Rochelle. Offering support, encouragement and education. Meetings vary from fun activities, such as our annual cookie exchange, to informative guest speeches from local professionals. Free childcare is offered with advance notice of how many children will be attending. Call or find us on Facebook at Rochelle Parent Group for the latest information.



## Walnut Grove Farm

**<http://dekalbgardens.org/walnutgrove>**

The Walnut Grove Vocational Farm employs individuals with and without special needs living

in DeKalb County and the Northern Illinois region. The farm provides these individuals with the opportunity to work, learn, and have fun on the farm while earning a living wage. Walnut Grove is located at 33600 Pearl Street in Kirkland, IL 60146.

**More community resources can be found at 888-865-9903 or dial 211; [www.findhelp211.org](http://www.findhelp211.org).**



211 provides free, confidential, streamlined access to health and human services in an effort to build a stronger community. 211 is available 24/7 and is staffed with trained volunteers and staff who will listen to your situation and refer you to the most appropriate source of assistance.

**\*\*This is a new service and will be fully functional by late summer 2017.**







# WHAT MAKES US BETTER, MAKES YOUR COMMUNITY BETTER.

Northwestern Medicine has more than 100 locations throughout Chicago, the suburbs and northern Illinois, bringing our top physicians, nurses and care teams to your community. Because we believe you and your family should never be far from our breakthrough care. To learn more about what makes us better, or to find a location near you, visit [kishhealth.org](http://kishhealth.org).

BETTER



KISHWAUKEE HOSPITAL \ VALLEY WEST HOSPITAL

AURORA \ DEKALB \ GENOA \ HAMPSHIRE \ MALTA \ PLANO \ ROCHELLE \ SANDWICH \ SYCAMORE \ WATERMAN