

Victoria Rozell

I am a homemaker with very little to keep active, and just like anyone else I found after the years, I put on some weight and couldn't lose it no matter how much I walked or what I ate. How INCREDIBLE it is to have somewhere to work out that is not only convenient but also makes a real difference in the lives of this community. The Genoa Fitness Center, its employees, as well as the instructors (especially Brittany & Dillan) have made such an impact on my life that I cannot express how much it means to me to have a place FREE from judgment and FULL of Encouragement. You walk up those stairs and are greeted with a smiling face. When you talk with Holly Ber, Kristi Dunn or Tasche Snow, it's like talking to a friend, always available with answers or solutions to make your workout better. I CANNOT STRESS how much this place has meant to me in the year that I have been a member. I continue to feel and look better and am stronger thanks to the equipment and instruction the Fitness Center provides! I hope you know its value in a small town like Genoa!

BY THE WAY, I'M DOWN 46 Pounds, 58.5 Inches & 4 CLOTHES SIZES IN 1 YEAR AND I FEEL STUNNING, RADIANT, CONFIDENT & EMPOWERED!!



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